



INDIANA UNIVERSITY
SCHOOL OF EDUCATION
Office of Teacher Education
Bloomington

COUNSELING MINOR (NON-TEACHING)

The Counseling minor is a 15 credit hour introduction to content in the field of counseling that can be applied across a variety of other disciplines within the helping professions including the facilitation of effective interpersonal communication, how to utilize advanced listening skills to empathetically understand the perspective of others, and how to access resources to help people actualize their potential and latent skills in order to effectuate positive personal and social change.

This minor does not lead to a license to practice professional counseling or licensure in any other professional helping field.

May 2019

- NOTE:**
- Students must complete 15 credits for the minor. All courses must be completed with a grade of C or higher. Courses must average a minimum of 2.0 overall to earn the minor.
 - Minimum of 9 hours must be at the 300 or 400 level.
 - Elective Introductory Courses (EDUC-G 203, EDUC-G 204, EDUC-G 207, and EDUC-G 208) can be taken in advance of taking EDUC-G 206 (or concurrently).
 - Only one (1) course may double count for both a license addition and an academic minor.
 - Only one (1) education course may overlap between an education program and an academic minor.
 - No course overlap is allowed between academic minors and/or certificates. (For example, EDUC-G 203 cannot be used to fulfill a requirement in both the Counseling minor and the Educational Studies minor.)

Required Portal Course 3 credits

EDUC-G 206 *Introduction to Counseling Psychology* 3

Elective Introductory Courses 3 credits

EDUC-G 203 *Communication for Youth Serving Professionals (S&H)* 3

EDUC-G 204 *Asian American Mental Health (S&H)* 3

EDUC-G 207 *Introduction to Sport Psychology and Athlete Mental Health* 3

EDUC-G 208 *Prevention of Adolescent Risk Behavior* 3

Advanced Courses 9 credits

EDUC-G 302 *Counseling with Youth* 3

EDUC-G 310 *Addictions Counseling* 3

EDUC-G 352 *Counseling for Career Issues* 3

EDUC-G 355 *Positive Psychology* 3

EDUC-G 375 *Multicultural Skills* 3