

This program sheet is effective for all students starting at IUB beginning summer 2020.

## B.S. EDUCATION: COUNSELING AND STUDENT SERVICES (CASS): COUNSELING CONCENTRATION



INDIANA UNIVERSITY

SCHOOL OF EDUCATION

The Counseling Psychology Track is well suited for those students who envision careers in mental health, social service and other settings where their skills will facilitate the well-being of others. Graduates from the track will be suited for entry-level jobs in the community and social service occupations. While they will not be independent practitioners, they would be able to be in entry-level positions under the supervision of licensed practitioners on interdisciplinary teams in mental health settings.

Course requirements for this program are valid at IUB as reflected in the School of Education Bulletin. A four-year college plan requires completion of 15 credits each semester. A 2.5 GPA overall is required for retention and graduation. A total of 120 credits is required for graduation.

Students must complete all General Education and Major requirements. Any acceptable General Education course which is also required in the major may apply to (double count in) both required areas. Courses common to the areas of World Culture, Arts and Humanities, and Social and Historical Studies may also double count. However, credit for such courses counts only once toward the total credits for a degree.

May 2020

### I. IUB & SCHOOL OF EDUCATION GENERAL EDUCATION REQUIREMENTS

<https://gened.indiana.edu/approved-courses/index.html>

Careful selection & completion of courses with a grade of "C" or higher may allow double counting within General Education &/or Major. If you earn a grade lower than a C, please consult with an academic advisor.

#### English Composition (EC) (Select one) 0-3 credits Grade of C or higher required

|             |   |   |
|-------------|---|---|
| CMLT-C 110  | <i>Writing the World</i>  | 3 |
| ENG-W 131   | <i>Reading, Writing &amp; Inquiry I OR</i>                              | 3 |
| ENG-W 131EX | <i>Elementary Composition-Exempt</i>                                    | 0 |
| ENG-W 170   | <i>Intro to Argumentative Writing-Projects in Reading &amp; Writing</i> | 3 |

#### Intensive Writing Course (IW) (Select one) 3 credits

|   |  |   |
|---|--|---|
| EDUC-H 205  | <i>Intro to Educational Thought (P: English Comp.) (S&amp;H)</i> | 3 |
| EDUC-H 340  | <i>Education &amp; American Culture (P: Soph. status)</i>        | 3 |
| <i>College of Arts &amp; Sciences designated Intensive Writing course</i> |  | 3 |

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#### Mathematical Modeling (MM) 3-4 credits

Complete at least 1 course for at least 3 credits.

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#### Arts & Humanities (A&H) 6 credits

Complete at least 2 courses for a total of at least 6 credits.

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#### Social & Historical Studies (S&H) 6 credits

Complete at least 2 courses for a total of at least 6 credits.

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#### Natural & Mathematical Sciences (N&M) 5+ credits Complete ONE of the following options.

**Option I:** Complete at least 2 courses for a total of at least 5 credits. At least 1 of these courses must be a Natural Science ( \* ) course.

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**Option II:** Complete a 5 credit science course.

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(The class taken to fulfill the Mathematical Modeling requirement cannot be counted towards the 5+ credits needed to fulfill the N&M requirement.)

#### World Languages (WL)/World Cultures (WC) 6 credits Complete ONE of the following options.

**Option I: Language Study (WL):** Complete the study of an approved single language through the second semester of the second-year level of college-level coursework.

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**Option II: World Culture (WC):** Complete at least 2 courses for a total of at least 6 credits.

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**Option III: International Experience (IE):** Complete an approved study abroad program or internship of at least 6 credits & at least 6 weeks abroad in duration.

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#### Information Fluency (IF) 3 credits

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| EDUC-W 200 | <i>Using Computers in Education</i> | 3 |
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#### Diversity in the U. S. (D) 3 credits

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| EDUC-G 375 | <i>Multicultural Counseling-Related Skills</i> | 3 |
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#### Enriching Educational Experiences (EEE) 3 credits

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| EDUC-G 203 | <i>Communication for Youth Serving Professionals</i> | 3 |
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## II. MAJOR

### 63 credits/2.5 GPA

**A grade of C or higher is required in each course.**

| Core Courses                        |   | 36 credits |
|-------------------------------------|---|------------|
| EDUC-G 332                          | Group Facilitation Skills: A Counseling Psychology Perspective              | 3          |
| EDUC-G 375                          | Multicultural Counseling-Related Skills (D)                                 | 3          |
| EDUC-G 445                          | Consultation Skills (P: EDUC-G 375)   | 3          |
| EDUC-G 424                          | Professional Skills and Career Planning (Fall only) (Even years) <b>AND</b> | 3          |
| EDUC-M 470                          | Practicum (Fall only) (Even years) (See EDUC-BG 470 to enroll.)             | 3          |
| EDUC-P 250                          | Educational Psychology (S&H)  | 3          |
| EDUC-Y 402                          | Statistics (Spring only) (Odd years)  | 3          |
| EDUC-Y 410                          | Action Research (P: EDUC-Y 402) (Spring only) (Odd years)                   | 3          |
| EDUC-Y 435                          | Program Evaluation (Fall only) (Odd years)                                  | 3          |
| PSY-P 102                           | Introductory Psychology II (P: P101) (S&H)                                  | 3          |
| Complete two (2) of the following   |   |            |
| EDUC-P 248                          | Elementary School Child: Physical, Emotional and Social Development (S&H)   | 3          |
| EDUC-P 313                          | Adolescents in a Learning Context   | 3          |
| EDUC-P 314                          | Lifespan Development  | 3          |
| EDUC-P 361                          | Emerging Adulthood  | 3          |
| Counseling Psychology Courses       |   | 18 credits |
| EDUC-G 206                          | Introduction to Counseling Psychology                                       | 3          |
| EDUC-G 355                          | Positive Psychology <b>OR</b>   | 3          |
| PSY-P 324                           | Abnormal Psychology (P: P101 and P102)                                      | 3          |
| PSY-P 101                           | Introductory Psychology I (N&M) (NS)  | 3          |
| Complete three (3) of the following |   |            |
| EDUC-G 204                          | Asian American Mental Health (S&H)  | 3          |
| EDUC-G 207                          | Introduction to Student Athlete Counseling Psychology & Mental Health       | 3          |
| EDUC-G 208                          | Prevention of Adolescent Risk Behaviors: A Counseling Perspective           | 3          |
| EDUC-G 272                          | Introduction to Sexuality Counseling  | 3          |
| EDUC-G 302                          | Resources for Counseling with Youth   | 3          |
| EDUC-G 310                          | Addictions Counseling   | 3          |
| EDUC-G 352                          | Counseling for Career Issues  | 3          |

| Major Electives  |   | 9 credits |
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| Complete 9 credits from the following. (Other courses may be taken with advisor approval.) |   |           |
| EDUC-K 205   | Introduction to Exceptional Children (S&H)        | 3         |
| EDUC-P 220   | Applied Child Development                         | 3         |
| EDUC-U 208   | Training for Paraprofessionals in Student Affairs | 3         |
| EDUC-U 212   | Current Issues in Undergraduate Life              | 1-3       |
| EDUC-U 300   | Introduction to Higher Education Administration   | 3         |
| EDUC-U 310   | Students and Student Affairs                      | 3         |
| EDUC-U 320   | Today's College Student                           | 3         |
| EDUC-U 330   | Culture and Diversity in Higher Education         | 3         |
| MSCH-R 431   | Public Relations for Nonprofits                   | 3         |
| PSY-P 303  | Health Psychology (P: P101 & P102)                | 3         |
| PSY-P 335  | Cognitive Psychology (P: P101)                    | 3         |

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| PSY-P 347  | Science of Human Sexuality (P: P101 & P102)  | 3 |
| PSY-P 375  | Intimate Relationships (P: P102)   | 3 |
| PSY-P 425  | Behavior Disorders of childhood and Adolescence (P: P101, P102, P324)                | 3 |
| PSY-P 430  | Behavior Modification (P: P324 & P325)   | 3 |
| PSY-P 460  | The Psychology of Women (P: P101, P102 & 3 additional credit hours in psychology)    | 3 |
| PSY-P 475  | Evidence-based clinical Science (P: P324, R: P211)                                   | 3 |
| SPEA-V 221 | Nonprofit & Voluntary Sector   | 3 |
| SPEA-V 362 | Nonprofit Management & Leadership  | 3 |
| SPEA-V 373 | Human Resource Management in the Public Sector                                       | 3 |
| SPEA-V 435 | Negotiation & Alternative Dispute Resolution   | 3 |
| SPEA-V 443 | Managing Work Force Diversity  | 3 |
| SPEA-V 458 | Fund Development for Nonprofit Organizations   | 3 |
| SPEA-V 462 | Community Development  | 3 |
| SPEA-V 463 | Interpersonal Relations in the Workplace   | 3 |
| SPH-B 150  | Introduction to Public Health (S&H)  | 3 |
| SPH-B 310  | Health Care in Diverse Communities   | 3 |
| SPH-F 180  | Survey & Practice with Youth & Families  | 3 |
| SPH-F 255  | Human Sexuality (S&H)  | 3 |
| SPH-F 258  | Marriage & Family Interaction (S&H)  | 3 |
| SPH-F 330  | Leadership Theory & Practice for Youth Development                                   | 3 |
| SPH-F 341  | Effects of Divorce on Children   | 3 |
| SPH-F 345  | Parent-Child Relations   | 3 |
| SPH-F 348  | Human Development III-Early, Mid & Late Adulthood                                    | 3 |
| SPH-F 410  | The Science of Positive Youth Development (P: F150)                                  | 3 |
| SPH-F 417  | African American & Latino Families (P: F150 & F258)                                  | 3 |
| SPH-F 453  | Family Life Education (P: F150 & F258, Open only to HDFS & Youth Development Majors) | 3 |
| SPH-F 457  | Stress & Resilience in Family (P: F150)  | 3 |
| SPH-F 460  | Grief in a Family Context  | 3 |
| SPH-H 174  | Prevention of Violence in American Society (S&H)                                     | 3 |
| SWK-S 102  | Diversity in a Pluralistic Society   | 3 |
| SWK-S 141  | Introduction to Social Work  | 3 |
| SWK-S 251  | History & Analysis of Social Welfare Policy  | 3 |

## III. ACADEMIC MINOR

### 15+ credits/2.5 GPA

**A grade of C minus (C-) or higher is required in each course.**  
Check with the department regarding when courses will be offered.

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## IV. ELECTIVES (To total 120 credits)