It's NOT a Small World After All: How Study Abroad Experiences Contribute to Undergraduate Students' Cultural Humility Development

Reflections from the Team



Effy Cao (she/her)

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My experience with GAP this semester has been insightful and rewarding. The project gave me the opportunity to better understand the complex work that goes behind research and assessment and the role of both theory and practice in the design and implementation of a research study. Lastly, I am grateful for my team members, who helped me stay positive during the more stressful times of the semester both in and out of the classroom. I could not have hoped for better GAP Team!

Jordan Hill (hem/him)

My favorite part about GAP has definitely been going through it with my group! We have all brought different experiences with research and scholarship together to learn from each other, and most of all to learn from the GAP experience itself. Though we were familiar with the concept of research and assessment from all that we read in HESA and from courses like Y520, nothing teaches you like designing and completing a project yourself. My other favorite part is how our team celebrates our progress by getting boba together.





Kristen Kolodzik (she/her)

I enjoyed GAP since it was my opportunity to conduct hands-on research. I gained an understanding of the research and assessment process, and how it can have a tangible impact on the work student affairs professionals do. This projected felt overwhelming at the beginning but breaking it into pieces helped it be manageable.

Anny Lu (she/her)

My experience in GAP this semester helped me gain more knowledge and skillsets for future research. I have enjoyed working with my team to plan out our data collection survey and analyze the collected data. I definitely feel that research and assessment are important in student affairs and higher education because they help develop new and existing campus programs and resources.





Melissa Medin (she/they)

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GAP has been an amazing experience for me! It's been an honor to work with my amazing peers on this intensive assessment. Through this project, I have been able to learn so much not only about study abroad and how it impacts students, but about research itself and how to conduct it. Through both the failures and successes of my GAP group, I've learned so much about the kind of research I would like to do, and how to best do it.