MISSION OF THE CARE TEAM:

The Indiana University CARE Team is a multidisciplinary team of professionals facilitated by the Dean of Students Office that provides care and assistance to students who are exhibiting concerning behaviors. The mission of the Care team is to provide a proactive and team approach to enhance the physical and emotional safety of students and promote student academic success in order to support the teaching-learning environment of the University.

GOALS:

• Facilitate early intervention with students who appear to be struggling socially, academically or personally
• Provide better wrap around support such that all units who are or could assist a student work collaboratively to the extent possible
• Prevent students from causing disturbances and and/or threats to the campus community
KEY PURPOSES OF THE CARE TEAM

• Central point of contact for distressed/distressing students
• Triage Care referrals
• Assess threat/risk
• Assess available resources
• Follow formalized protocol
• Coordinate follow up
• Provide consultation and support to faculty, staff, families and students
• Educate campus about behaviors of concern and reporting process
PRIMARY FUNCTIONS OF THE CARE TEAM

1. Gather information from the community
2. Analyze the information
3. Implement the appropriate intervention
The Care Team: Air Traffic Control
The Care Team

### Care Cases

<table>
<thead>
<tr>
<th>Year</th>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017-18</td>
<td>1,233</td>
<td>1,630</td>
</tr>
<tr>
<td>2018-19</td>
<td>1,585</td>
<td>1,662</td>
</tr>
<tr>
<td>2019-20</td>
<td>1,977</td>
<td>2,185</td>
</tr>
<tr>
<td>2020-21</td>
<td>2,474</td>
<td>2,687</td>
</tr>
</tbody>
</table>

### Student Wellness Concerns

<table>
<thead>
<tr>
<th>Concern</th>
<th>2019-2020</th>
<th>2020-2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emotional distress</td>
<td>360</td>
<td>908</td>
</tr>
<tr>
<td>Suicidal ideation</td>
<td>93</td>
<td>129</td>
</tr>
<tr>
<td>Suicide attempt</td>
<td>28</td>
<td>52</td>
</tr>
</tbody>
</table>

609 (2019-2020) \[1,215 (2020-2021)\]
Get help for yourself or someone else

We know that sometimes students experience challenges that affect their ability to be successful at Indiana University. A Care Referral is an easy way to request help with an issue or concern, especially if you don’t know which office or department to contact.

Submit a Care Referral

If it’s an emergency
Please be aware that the Care Referral system is not monitored 24 hours a day. If you have a life-threatening emergency, call 911.
Public CARE Report

Student success and safety are a priority at Indiana University. If you are experiencing any personal issues that impact your ability to succeed at IU, please let us know by completing the form below. The Division of Student Affairs Care Team is ready to help. Use only the fields that are appropriate to your situation or concern.

If you are concerned about the safety or well-being of a student, you may complete the form as a concerned party.

If you are experiencing an emergency, CALL 911.

This system is not monitored 24-hours a day. Referrals will be acknowledged within 24-48 hours during regular business hours.

Please note: Contact information is NOT required. Anonymous referrals are accepted, however it may limit our ability to address the incident or concerns reported.

* indicates a required field

Care Referral

Report Type *
Please select the type of concern or issue with which you need help.
Public Care Report

Description

Description *
Please provide a description of the incident, situation, or event that has prompted you to submit a Care Referral. (No text limit)
A Care Referral can be submitted to get help with:

- Academic or administrative issues (advising, attendance, grade appeals, financial aid concerns)
- Personal issues (relationship or family issues, adjustment to IU)
- Health or wellness issues (mental health concerns, substance abuse issues)
- Behavioral issues (disruptive behavior in class, sudden behavior change, conduct policy violations)
WHAT TO REPORT

• Extreme rudeness
• Classroom disruption
• Dramatic change in physical appearance
• Dramatic change in academic performance
• Threatening words/actions
• Concerning content in writings
• Observed self-injurious behavior
• Threatening social media posts
• Excessive absenteeism
• Suicidality

• Acts motivated by hatred/discrimination
• Paranoia/delusional
• Relationship/Domestic violence/partner violence
• Hazing
• Flat affect/lack of responsiveness
• “Accidental” overdose
• Harassment
• Alarming references to bombs, ammunition, etc.
• Infatuation with fire or firearms
• Stalking
WHAT MAKES A GOOD CARE REFERRAL?

• Identifying information
• Timeliness
• Specifics about your concerns
• Information about any actions already taken
• Supporting materials (email, texts, writing sample)
• Quotes
What happens next?

• The referral source receives confirmation.
• CARE team coordinator triages.
  • Email outreach to student
  • Gather more information
  • Required meeting
  • Case Conference
  • IUPD Welfare Check
Welfare Checks

Criteria:
• We receive information that a student is experiencing suicidal ideation - in addition to either a plan or intent or BOTH plan AND intent.
• Potentially missing student who has stopped responding to friends, family and our office (email, phone call, text).
• Reports of a potentially psychotic student

Circumstances that do not automatically initiate a welfare check:
• Suicidal ideation without plan or intent
• Statements made via a text or email that allude to suicidal ideation
• Reports of a student who is engaging in self harm behaviors - for example cutt
WHY PEOPLE DON’T REPORT

- It’s such a small thing
- It’s not my business
- I’m busy
- Failing to recognize a student in distress
- Minimizing the severity
- Diffusion of responsibility
- We wanted to handle it internally
- Fear of FERPA violation
FEAR OF FERPA – Family Educational Rights and Privacy Act

• FERPA allows communication between staff/faculty and the Care Team when there is a legitimate educational interest to do so.

• If you see it with your own eyes, ears and senses – it is not part of a student’s educational record – FERPA does not apply.

• It is not protected by privacy unless it is a written record.
Questions?

812-855-8187

Please email: dsacare@indiana.edu