

Proposed 2019-20 Bulletin Entry**M.S.Ed. in Mental Health Counseling and Counselor Education- Addictions Track****Degree Requirements (60. cr)***Major Requirements (48 cr.)*

G502 Professional Orientation and Ethics (3 cr.)

G505 Individual Appraisal: Principles and Procedures (3 cr.)

G510 Introduction to Alcohol and Drug Counseling (3 cr.)

G511 Screening and Assessment of Alcohol and Drug Problems (3 cr.)

G512 Counseling Approaches with Addictions (3 cr.)

G513 Legal and Illegal Drugs of Abuse (3 cr.)

G522 Counseling Theories (3 cr.)

G523 Laboratory in Counseling and Guidance (3 cr.)

G524 Practicum in Counseling (3 cr.)

G532 Introduction to Group Counseling (3 cr.)

G550 Internship in Counseling (6 cr.)

G552 Career Counseling: Theory/Practice (3 cr.)

G563 Mental Health Counseling (3 cr.)

G575 Multicultural Counseling (3 cr.)

G615 Psychopathology and Advanced Diagnosis (3 cr.)

Inquiry (3 cr.)

- Y520 Strategies for Educational Inquiry (3 cr.)

Human Growth and Development (3 cr.)

- P514 Life Span Development: Birth-Death (3 cr.)

Biological Basis of Behavior (3 cr.)

- P624 The Biology of Behavior: Implications for Educational & Clinical Work (3 cr.)

Elective Requirements (3 cr.)

Three graduate credit hours outside the counseling and counselor education major are required (non EDUC-G course. Specific course selection must have the approval of your academic advisor.

Program Description

M.S.Ed. Mental Health Counseling and Counselor Education- Addictions Track To Be Offered by Indiana University at Bloomington

1. Characteristics of the Program

- a. Campus(es) Offering Program: **IU Bloomington**
- b. Scope of Delivery (Specific Sites or Statewide): **Bloomington campus only**
- c. Mode of Delivery (Classroom, Blended, or Online): **Blended**
- d. Other Delivery Aspects (Co-ops, Internships, Clinicals, Practica, etc.): **Practica, Internship**
- e. Academic Unit(s) Offering Program: **School of Education: Counseling & Educational Psychology**

Rationale for the Program

The proposed new track within the existing Mental Health Counseling and Counselor Education M.S.Ed. program seeks to address gaps in training and education and is consistent with IU's mission. Taken directly from the Indiana University Mission Statement, the IU campus is committed "to challenging and inspired undergraduate, graduate, professional, and lifelong education."

The Addictions Counseling track is proposed as part of a funded Addictions Grand Challenge Phase I Project (*Education and Training in Addictions Counseling*, PI Vaughan). The Counseling programs IU-wide already provide some training in the addictions; however, this content is delivered within the context of training mental health counselors more broadly. Across the IU system, there is only one Addictions Counseling program, offered at IU South Bend. Thus, the proposed track would expand opportunities for training in Addictions Counseling in the IU system.

Graduates from the Addictions Counseling track will be prepared to help address the well-documented gap in the number of trained addictions specialists in the counseling field. There is currently a critical shortage of addictions counselors, relative to the need for such counseling. The State of Indiana has fewer than 20 addictions counselors per 1,000 adults with a substance use disorder. The national average is 32. The Addictions Counseling track seeks to address this need and is consistent with the stated mission of the Indiana Family and Social Services Administration's Department of Mental Health and Addiction Services (DMHA): "To ensure that Indiana citizens have access to quality mental health and addiction services..." Further, data from Indiana's department of Workforce development indicates 10 year-growth rate of 13.1% for careers in the broad category of Community and Social Service Occupations. Specific careers indicate much higher growth such as substance abuse counselors (projected growth is 22%, nationally and 23.8% in Indiana).

As tabled below, the 60-hour Addictions Counseling curriculum will help to address the priorities of the state of Indiana, as reflected in DMHA's 2014-2015 State Plan, in teaching ethical and appropriate care, using evidence-based treatments, focusing on community engagement, taking care to address special populations and mental health disparities, and maintaining an emphasis on early prevention.

Course Requirements

Mental Health Counseling and Counselor Education- Addictions Counseling Track (60 Credit Hours)
Major Courses
G502 Professional Orientation and Ethics (3 cr.)
G505 Individual Appraisal: Principles and Procedures (3 cr.)
G510 Introduction to Alcohol and Drug Counseling (3 cr.)
G511 Screening and Assessment of Alcohol and Drug Problems (3 cr.)
G512 Counseling Approaches with Addictions (3 cr.)
G513 Legal and Illegal Drugs of Abuse (3 cr.)
G522 Counseling Theories (3 cr.)
G523 Laboratory in Counseling and Guidance (3 cr.)
G524 Practicum in Counseling (3 cr.)
G532 Introduction to Group Counseling (3 cr.)
G552 Career Counseling: Theory/Practice (3 cr.)
G563 Mental Health Counseling (3 cr.)
G575 Multicultural Counseling (3 cr.)
G615 Psychopathology and Advanced Diagnosis (3 cr.)
G550 Internship in Counseling (6 cr.)
Inquiry
Y520 Strategies for Educational Inquiry (3 cr.)
Human Growth and Development
P514 Life Span Development: Birth-Death (3 cr.)
Biological Basis of Behavior
P624 The Biology of Behavior: Implications for Educational & Clinical Work (3 cr.)
Non-G Elective (3 Credits)
Important Note: Students who wish to pursue licensure outside of Indiana as a mental health counselor should consult that state's relevant licensure statutes. Many states require 1000 hours of practicum/internship. Those students intending to leave Indiana should take G647 Advanced Internship in Counseling.