

Counseling Psychology PhD Program Change Background

Description of April 2018 program change from PC document 18.66

Across 40 APA-accredited PhD counseling psychology programs, the mean number of mandatory course credit hours = 104 hours, and the median = 102 hours. Our program currently requires 115 credit hours. These proposed changes will reduce the number of mandatory course credits by 7 credit hours to 108 credit hours.

from April 2018 Policy Council Meeting Minutes:

Revision to PhD in Counseling Psychology (18.66)

J. Wong noted that this program proposal has been approved by the department and Graduate Studies Committee. This came about as a result of the last accreditation visit where reviewers found that students were stressed out, overloaded and over committed. They also noted some inadequacy in the way we address the affective basis of behavior, or the study of emotions. In response to that feedback, we have included a new course that brings more attention to that area. Also, we did a review of other counseling psychology programs and compared our program credit requirements and found that our credit requirement are well above the mean. To address this, the proposed revision removes as a requirement one course that is not required by our accrediting body. We also tweaked a current course to increase the emphasis on social justice. We also have a 4 credit course that has been operating as a 3 credit course so we have adjusted this course to be 3 credits.

Discussion: G. Gonzalez asked if the previously required course (567) becomes optional, will there be enough enrollment to offer the course? J. Wong explained that this course is a requirement for the Masters program. T. Mason asked about 650, a variable topic course. If you change the focus of the course, that doesn't appear to be a policy council issue. M. Boots explained that the course will now be required, and so the requirement will need to be approved. T. Mason also noted that if a topical course has the same topic for several semesters, it needs to go through a process to become an official course. J. Wong explained that they will be going through the course approval process. C. Bonk expressed disappointment in the removal of the education psychology course, though he understands that with variability in teaching, the course was not always taught as designed. J. Wong explained that their curriculum did not have adequate coverage of the affective component, and this was the main concern. Colleagues across the country report that they address this topic in a course they offer that is similar to the one we are proposing. T. Mason noted that he was pleased to see the communication with Scott Bellini. He doesn't see a need for hyper focused courses, there is value in having more courses that run across departments. D. DeSawall asked if the new program, as presented today, would meet the requirements, including the history requirement, considering that the history component was pulled out of the version we are considering today? J. Wong said that it would satisfy APA, even without the history piece.

Current Proposal January 2019

In the April 25, 2018 meeting, Policy Council approved several changes to the Ph.D. in Counseling Psychology. However, the overall number of credit hours required for the degree was inflated because it did not take into account that some courses could be used to fulfill more than one degree requirement. An additional issue related to the listing of required practicum hours was also discovered, as detailed below:

- “Additional Psychological Foundations Requirements” are listed as a 12 credit-hour, stand-alone requirement, but these courses can be used to fulfill other requirements. For example, it is not uncommon, depending on the minor, that 6 of these credit hours would actually be used in the minor requirement (e.g. the human development minor). This led to a 6 credit-hour inflation in the overall hours for the degree. This section is thus more accurately described as 6-12 hours rather than 12.
- The Elective Requirements or Second Minor (6 cr. minimum) section is already fulfilled through the Minor, Inquiry Core, and Additional Psychological Foundations coursework. Having this listed as a separate section has inflated the degree by 6 hours.
- EDUC-G 625 Advance Practicum: Individual Supervision is only listed for 1 required credit hour in the major, but students must complete this for a total of 6 credit hours. These credit hours have been outlined in the program handbook and listed on each student’s Plan of Studies, and we would like to update the Bulletin to reflect this.

Department Vote

From: Conner, Charlene
Sent: Monday, December 3, 2018 10:06 AM
To: Wong, Joel; Gilman, Lynn
Cc: Conner, Charlene
Subject: FW: department vote (URGENT)
Importance: High

We have the final faculty vote for the proposed curriculum amendments.

26 faculty voted to approve changes

0 faculty voted to disapprove changes

1 faculty is the Exec. Assoc. Dean and did not vote

Ph.D. in Counseling Psychology

(Note: track changes indicate the differences between the program as approved in April 2018 and the current proposal)

The Ph.D. program in counseling psychology is accredited by the American Psychological Association. Graduates of this program are prepared to work as (a) psychologists and administrators in mental health centers, college counseling centers, and in business and industry; (b) college faculty members; (c) private practitioners; (d) psychologists and (e) in other positions where counseling psychology competencies are needed. The doctoral program in counseling psychology includes courses in the following areas: (1) psychological measurement, statistics, and research design; (2) biological, cognitive, affective, social, and individual-developmental bases of behavior; (3) course work leading to competence in an area of specialization; and (4) intervention strategies and service delivery systems. The application deadline is ~~December 1~~November 15 for matriculation in the fall semester.

The intent of the sequence of courses in the major area is to help ground students in counseling psychology and prepare them as effective scientist-practitioners. Courses from related areas of study may be added if their relevance to the major can be demonstrated, and if approval is secured.

Although this degree can be completed in 101 hours, depending on minor and course selection, most students will complete this degree with approximately 108 hours.

Degree Requirements (~~108~~ 101 cr.)

Major Requirements (~~45~~ 50 cr.)

G522 Counseling Theories (3 cr.)

(Typically taken concurrently with G523.)

G523 Laboratory in Counseling and Guidance (3 cr.)

(Typically taken concurrently with G522.)

G524 Practicum in Counseling (3 cr.)

(Pre-requisite: G522 and G523, or equivalents.)

G532 Introduction to Group Counseling (3 cr.)

G552 Career Counseling: Theory/Practice (3 cr.)

G575 Multicultural Counseling (3 cr.)

G600 Pro-Seminar in Counseling Psychology (3 cr.)

G615 Psychopathology and Advanced Diagnosis (3 cr.)

G622 Advanced Theories of Counseling (3 cr.)

G624 Advanced Practicum in Counseling Psychology (2 cr.)

G625 Advanced Practicum: Individual Supervision (~~6~~ 4 cr.)

Commented [KJR1]: EDUC-G 625 Advance Practicum: Individual Supervision is only listed for 1 required credit hour in the major, but students must complete this for a total of 6 credit hours. These credit hours have been outlined in the program handbook and listed on each student's Plan of Studies, and we would like to update the Bulletin to reflect this.

[\(1 credit of G625 is to be taken in each semester of supervised practicum\)](#)

G650 Social Justice Consultation, Advocacy, and Leadership (3 cr.)

G685 Seminar in Counseling Research Methods (Inquiry Linkage) (3 cr.)

G763 Advanced Practicum in Counseling Supervision (3 cr.)

P655 Cognitive Assessment and Intervention (4 cr.) or G650 Topical Seminar in Counseling Psychology (3 cr.) *If using G650 confirm with advisor relevant section required*

P691 Personality Assessment and Intervention (3 cr.)

Inquiry Requirements (12 cr.)

Y502 Intermediate Statistics Applied to Education (3 cr.)

(Must be taken concurrently with Y500)

Y527 Educational Assessment and Psychological Measurement (3 cr.)

Y604 Multivariate Analysis in Educational Research (3 cr.)

(Must be taken concurrently with Y500)

A Y course on qualitative research (e.g., Y611) (3 cr.)

Minor Requirements (12 cr.)

The minor must have integrity in its own right and must complement the major. The minor field must demonstrate wholeness within itself and contribute to the student's overall doctoral program. Minors are normally formulated within a single program area. However, an interdisciplinary minor is also possible. If courses in the minor are from more than one program area, a written description of the minor's underlying theme must be provided along with a rationale for each course's contribution to that theme. This written description is typically limited to two pages and submitted to the student's Program of Studies Committee. Major area courses (those within the Counseling Psychology program) may not be used in the minor. A few minors that have been selected by doctoral students in recent years include educational inquiry, human development, sport psychology, public health, organizational behavior, gender studies, and various interdisciplinary studies.

Elective Requirements or Second Minor (6 cr. minimum)

~~The School of Education requires a minimum of 6 elective credit hours intended to ensure that students have flexibility in their programs from stipulating all of the minimum 90 credit hours of the doctoral program. It is expected that most students will have more than six elective credit hours. It should also be noted that at least 27 hours in the student's program must come from outside the major. Most students take additional psychological foundations courses as their electives or second minor (e.g., P514 and P624).~~

Program-Required Elective (3 cr.)

Students are required to take any one of the following courses:

Commented [KJR2]: The Elective Requirements or Second Minor (6 cr. minimum) section is already fulfilled through the Minor, Inquiry Core, and Additional Psychological Foundations coursework. Having this listed as a separate section has inflated the degree by 6 hours.

- Any research-based Y course
- Any other research-based course approved by the student's advisory committee (excluding G685)
- G567 Marriage and Family Counseling (3 cr.)
- G632 Advanced Group Leadership (3 cr.)
- G510 Introduction Alcohol and Drug Counseling (3 cr.)
- G609 Interventions in Performance Psychology (3 cr.)
- G580 Topical Seminar in Counseling and Guidance (3 cr.)
- Cognitive Behavioral Therapy with Children and Adolescents
- Any other clinically oriented course approved by the student's advisory committee

Additional Psychological Foundations Requirements ~~(12 cr.)~~ (6-12 cr.)

Courses in this area satisfy additional accreditation requirements of the American Psychological Association. Because these courses are unique requirements in the Counseling Psychology program, they can in some cases be listed in one of the areas above. Depending on minor selection, up to 6 of these credit hours may be counted towards the minor requirement with approval of advisor and department chair.

Biological aspects of behavior

- P624 Brain Research Applied to Educational and Clinical Practice (3 cr.)
or
- Psy667 Neuropsychopharmacology (3 cr.)

Affective and cognitive aspects of behavior

- P650 Affective and Cognition Bases of Behavior (3 cr.)

Social aspects of behavior

- G656 Social Bases of Behavior (3 cr.)

Human development

P514 Lifespan Development (3 cr.)

Dissertation Requirements (15 cr.)

G795 Dissertation Proposal Preparation (3 cr.)

G799 Doctoral Thesis in Counseling Psychology (12 cr.)

Internship (3 cr.)

Three credit hours of G699: Internship in Counseling Psychology must be taken during your year-long pre-doctoral internship (1 credit in each of the three terms: Fall, Spring, and Summer). An end-of-year evaluation from your internship training director must be submitted to the IU Counseling Psychology Program Director to receive a grade for G699.

Commented [KJR3]: "Additional Psychological Foundations Requirements" are listed as a 12 credit-hour, stand-alone requirement, but these courses can be used to fulfill other requirements. For example, it is not uncommon, depending on the minor, that 6 of these credit hours would actually be used in the minor requirement (e.g. the human development minor). This led to a 6 credit-hour inflation in the overall hours for the degree. This section is thus more accurately described as 6-12 hours rather than 12.