

Respect & Appreciation For Diversity

Respect Activities:

1. Look up the definition of respect. Write it down. Now describe ways you have acted respectfully or disrespectfully this week.
2. Make a list of people you think are respectful and why you added them to your list.
3. Think of someone who is respectful and talk about why they are a positive role model for you.
4. Discuss why acting respectful is important.
5. What are three ways you can show your friends respect?
6. What are three ways you can show someone of authority respect?
7. What would you do if an adult was disrespectful to you? Suppose the grown-up yelled at you for something you didn't do. What do you say? What do you do?
8. Discuss how respect can apply to one's self, to others, and to the environment.
9. Write the word "respect" at the top of a page. Construct a table with two columns. Column heads should read "Looks Like" and "Does Not Look Like." Brainstorm words or phrases to complete the table. For example, bias, prejudice, stereotype, and racism go under "Does Not Look Like." (*Mentors: See attached handout for this activity.*)

Appreciation for Diversity:

1. Write down what defines you as a person. How do you think others categorize you when they first see you? Tell why.
2. Brainstorm all the different ways that we see similarities and differences between people? Why do we do this? Is this ok? What happens when we do this?
3. List three ways you show to respect to people who are different than you?
4. Discuss the definition of diversity. What is your personal understanding of the definition? Write a brief statement, write poem, or create a graphic?

Diversity is differences in racial and ethnic, socioeconomic, geographic, and academic/professional backgrounds. People with different opinions, backgrounds (degrees and social experience), religious beliefs, political beliefs, sexual orientations, heritage, and life experience.

RESPECT

Looks like...

Does not look like...