Happy holidays and winter break to all! Thank you for taking the time and energy to read recent happenings regarding the program. There have been a number of new additions to our program, as well as some exciting events, honors, and efforts that individuals have achieved. Enjoy.

**Newsletter Highlights**

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**Significant Highlights**

In this edition, we wanted to take time to recognize recent awards given to the faculty, and to acknowledge positions and awards our students have been awarded both in and outside of the program. Congratulations to all on your efforts and accomplishments!

**Faculty**

- **Dr. Barry Chung** received the 2017 National Multicultural Conference & Summit Shining Star Award for his major contributions to multicultural psychology.
- **Dr. Joel Wong** was the 2016 winner of the Shane J. Lopez Award for Professional Contributions in Positive Psychology.

**Students**

- **Julia Cawthra**
  - Student Representative APA Division 17 Society of Counseling Psychology’s Positive Psychology Section
- **Jacks Cheng**
  - Student Representative of APA Division 44 Society for the Psychological Studies of LGBT Issues
  - Membership & Communications Coordinator of Division on LGBTQQ Issues of the Asian American Psychological Association
- **Elyssa Klann**
  - Student Representative for Division 51 Society for the Psychological Study of Men and Masculinity
- **Shaozhan Li**
  - Program Representative for Student Affiliates of Seventeen (SAS)
  - Campus Student Representative for Positive Psychology Section
Yue Li
- Graduate Student Convention Assistant on the Student Committee of APA Division 45 Society of the Psychological Study of Culture, Ethnicity, and Race.

Tao Liu
- Achasa Beechler Scholarship Award, Indiana University Bloomington, 2016
- Dissertation Award, Asian American Psychological Association, 2016
- Emerging Scholars Fellowship, Active Minds and Scattergood Foundation, 2016

Keiko McCullough
- Student Media Coordinator for Division 35 Society for the Psychology of Women
- Diversity Council Representative for IU's Graduate & Professional Student Government

Deborah Pardue
- Practice Representative for APA Division 17 Society of Counseling Psychology's Positive Psychology Section

Matt Powless
- Indiana Psychological Association Student Representative Chair

Lei Wang
- Interviewer for the Member Spotlight Series on the Asian American Studies Program Website

Nelson Zounlome
- Student Abstract Competition Diversity Award and Student Abstract Competition 2nd Place Award from the Indiana Psychological Association
- Student Research Chair of APA Division 45 on Society of the Psychological Study of Culture, Ethnicity, and Race Student Committee
- Student Liaison for APA Division 51 on Men & Masculinity Student Special Interest Group

IU Counseling Education Psychology Research Fellowship 2016-2017
- Lei Wang, Shu-Yi Wang, and Tao Liu

**GETTING TO KNOW OUR NEW FACULTY MEMBER - DR. KERRIE WILKINS – YEL**

*BY DANIEL GOLDBERG*

*I had the privilege and honor to be invited to a personal conversation with Dr. Wilkins-Yel. The discussion that entailed revealed the energy, dedication, and passion she has, not only for the profession, but for students and her hopes to impact the world as well. We are truly grateful for her decision to come to Bloomington. What follows is an abbreviated account of our conversation about her journey here.*

Dr. Kerrie Wilkins-Yel was born in Kingston, Jamaica and grew up with hopes of becoming a computer engineer. As was the case with many of us, life provided numerous experiences that altered her intended course. With the support of her parents, who valued both academic and global education, Dr. Wilkins-Yel made her way to the University of South Carolina - Upstate as a first-generation college student. Here she planned to major in business, seeing that many in her family were entrepreneurs. Quoting Dr. Wilkins-Yel's experience in her first business class (laughingly), "Danny...I hated it." Once again, Dr. Wilkins-Yel's trajectory shifted after her first psychology course upon realizing that a career in the business world might not be the best fit. Shortly after, she discovered a connection to psychology and the value of female mentorship in academia. Dr. Wilkins-Yel was hooked after a course in social psychology where she was introduced to concepts like culture and the self in social contexts. Also of note in this time, Dr. Wilkins-Yel began to formulate an understanding of living in the U.S. as an individual with multiple intersecting identities.

Spurring her desire to continue her education, she won an award for best paper at an undergraduate psychology conference her junior year of college, which marked an important point in understanding the impact of research, and of her own ability to influence others positively. It was also in this time that through a number of service projects and
learning experiences, she realized the need to continue developing the interpersonal and research skills needed to make a social justice impact on the world. Dr. Wilkins-Yel’s advisors encouraged her to apply to graduate school to continue influencing the world in positive ways. Specifically drawn to work related to trauma, Dr. Wilkins-Yel set out to find the right training program for her. As it turned out, counseling psychology programs were the perfect blend of social justice and multicultural values, combined with the clinical and research skills, that she sought.

Soon after, Dr. Wilkins-Yel was accepted to Arizona State University’s counseling psychology program, saying that when she left the interview she “knew it was where I needed to be.” With intentions to focus on populations exposed to trauma, Dr. Wilkins-Yel’s began her graduate career working as an instructor, primarily for students who were undecided about their academic majors and others who were on academic probation. During this time, Dr. Wilkins-Yel became interested in career development, partly by working under her advisor and partly due to her own realizations about work in and outside the classroom. She said that “the fire for teaching was ignited” because she was actually able to apply the research on career issues to those who needed it while teaching. Specifically, Dr. Wilkins-Yel began to understand the complex interplay between job dissatisfaction and life stress, along with the knowledge that many individuals with minority identities are given messages about “what they can and can’t do.” These experiences combined with working on a National Science Foundation grant for 5 years that focused on promoting persistence among graduate women in STEM, and meeting mentors at APA conferences, led Dr. Wilkins-Yel to solidify her focus on research and teaching that could enhance the access of career possibilities for women of color specifically. As such, Dr. Wilkins-Yel decided that entering academia would allow her to continue her research to open doors for women of color, teach, and provide mentorship to help others pursue and persist in careers of interest.

Similar to her feeling upon interviewing at Arizona State, Dr. Wilkins-Yel said that when she interviewed at IU, she felt the environment was the right fit for her. The program’s student presence, IU’s history as a large and globally focused research institution, and the ability to collaborate and work alongside renowned colleagues were all influential in her decision to come here. Most importantly in her eyes, Dr. Wilkins-Yel said that seeing a student (Jessica David) involved in the faculty search process “clinched the deal” for her to come to IU; which was to her, a vivid example of the student-centered focus our program commits to. As Dr. Wilkins-Yel values mentorship so highly, she felt that this would be the right place to continue her research to improve career and education access opportunities to women of color (locally and internationally), be a mentor, and teach about the profession she has come to be passionate about. Dr. Wilkins-Yel said she hopes to make a national and international impact in the coming years with both her service and research, and there is no doubt that she will. Students have already benefitted from Dr. Wilkins-Yel’s mentorship and teaching, and we are all genuinely excited to see how her journey unfolds in the future.

The Inaugural Black Wom(b)en’s Wellness and Empowerment Summit 2016

In the fourth and largest installment of Together We Stand: Raising Cultural Awareness Series, the CPSO hosted the Inaugural Black Wom(b)en’s Wellness and Empowerment Summit 2016 (BWWES) at our own IU School of Education and School of Public Health on October 21st and 22nd, 2016. Alongside key graduate education faculty (Dr. Stephanie Power-Carter and Dr. Maria Hamilton Abegunde), and staff (Rory James, MPH), Keino Miller* and his executive board (Jessica David, Danny Goldberg, Shakira Smith, and Nelson Zounlome) coordinated a prestigious group of presenters that drew interest from students, faculty, and the Bloomington community. Volunteers and speakers come together for a picture after Dr. Daina Berry’s lecture. Pictured left to right: Jessica David, Jackie Hyman, DJ Purnell, Dr. Amrita Myers, Keino Miller, Dr. Daina Berry, Nelson Zounlome, Omoruyi, Dr. Maria Hamilton Abegunde, Dr. Linda James Myers, Shakira Smith, and Danny Goldberg.
community. Many members of the CPSO lent helping hands and efforts to make this event possible. The focus of the Summit was to raise cultural awareness of the unique challenges and roles Black women have shouldered in shaping the collective experience, highlight the strength and resilience of Black women throughout the entire African diaspora, and promote wellness of the Black woman as an integral first step to healing all communities of color.

The program as a whole looked both at the historical depiction of Black womanhood alongside contemporary models of optimal health and evolved liberation. Scholars from varied disciplines were invited to share their academic insight and personal perspectives on the legacy of radiance and resistance of Black women, with the aim of promoting a reawakened interest in perpetual wellness and empowerment. Notable speakers for the Summit included: Harriet Washington, Dr. Linda James Myers, Dr. Daina Berry, Ashra and Merira Kwesi, Dr. Amrita Chakrabarti Myers, and Dr. Maria Hamilton Abegunde. The event provided a space for fellowship, learning, and empowerment for those in attendance. Some highlights of the schedule included Harriet Washington’s lecture on Medical Apartheid, a morning Kundalini yoga session led by Omoruyi, and Dr. Linda James Myers’ keynote on her theory of Optimal Psychology. Perhaps the most climactic session was the final event. Titled the Black Doctor’s Panel, psychologist Dr. Rikesha Fry Brown, psychologist Dr. Benetta Johnson (an IU counseling psychology alumna), doula Dr. Maria Hamilton Abegunde, and chiropractor Dr. Mandice Williams discussed the triumphs and challenges they have faced in their education and careers as Black women in health professions. This event elicited genuine and inspirational dialogue. In the Together We Stand series, BWWES 2016 was second to none in the quality of the conversation, learning, and participation.

*A special thanks and highlight of effort is in order for Keino Miller and his resolve throughout the entirety of this project, which began well over a year before the Summit. His consistent and, at times stubborn, determination was the flame that helped the organizers bring the Summit to fruition. The CPSO has been privileged to have someone who worked tirelessly to advocate for important conversations and messages to be shared with the community.
**Mid Autumn Festival**

By Kuo Deng

Mid-Autumn Festival is considered one of the most important holidays in Chinese culture, which is celebrated by ethnic Chinese around the world (e.g. Mainland China, Hong Kong, Taiwan, Vietnam, Singapore, Malaysia). Japan and Korea also have their versions. Being a harvest festival, it is a day that family and friends get together, enjoy each others' company, and eat great food. The International Liaison Committee hosted a potluck as a celebration on September 16th, 2016. International students and everyone else in our CP program were invited. Approximately 20 people came, including our visiting scholar from Malaysia. Four types of moon cakes were introduced and shared among the group. Some of us made "can lanterns" with tea candles inside. Our event ended with enjoying the "flying lanterns" outside of the building. A special thanks to Dr. Barry Chung who donated the "flying lanterns" to our event! Thanks to everyone who came for the celebration!

Pictured left: Students and their guests enjoying the Mid Autumn Festival.
Pictured below: Kuo Deng pointing out some delicious looking favors during the festival.

**Social Committee Happenings**

By Julia Cawthra

Earlier this year, the Social Committee paired up with the International Committee to welcome new students and returning students back to Bloomington with the Mid-Autumn Festival. Kuo was instrumental in organizing this event, and Barry even donated some lanterns for us to light! At the end of October, we once again battled with the School Psychology program in the semi-annual softball game. Although CEP had to enlist the help of one of Jesse's sons, and everyone played a tough game, School Psych remains the victor and holds the trophy. 2017 is a promising year to reclaim the throne for CEP! Most recently, we organized a trip to Oliver Winery (pictured on the following page) on a beautiful November day, for wine tasting and a picnic of cheese and crackers (and great company). We enjoyed getting to catch up amidst the chaos of the semester, and are planning another final potluck style or hotpot dinner the first weekend in December. We look forward to engaging with more of you next semester!
MEET THE NEW COHORT

We asked the incoming students a number of questions to share a bit about themselves with the program. Here are the questions they were asked, and their unique responses are provided below in their own words:

- Where did you complete your previous schooling?
- Why did you choose to go into counseling and more specifically, why the IU CPSY program?
- What are your research interests?
- What do you in your free time [yes, free time does exist here :)]?
- What was your favorite vacation/trip/adventure this summer (as a bonus, you can add an additional favorite adventure of all time)?
- Where do you see yourself in 20 years?
- Most importantly, what is your favorite food and where is the best place to eat it?!

**Kuo Deng**

I obtained my Bachelor degree in Psychology from the College of Wooster, Ohio. I chose counseling because this is the field that I can not only grow personally, but also empower others to grow as well. For me, IU CPSY program has good mentors (research, practice and teaching), a supportive system, and good training opportunities (e.g. Mandarin counseling). My research interests include Asian American mental health, international student mental health, and the interaction between positive psychology and mental health through a cultural lens. I love music, playing instruments, cooking dishes, hiking, and spending time with family. I also enjoy traveling to new countries and I am passionate about learning new languages. This past summer, I traveled with my mom and mother-in-law to Sri Lanka, where we saw wild elephants walking on the street everyday. My favorite adventure of all time so far was my three-day trip in the Sahara desert (I was doing volunteer work in Morocco). I rode on camels for two days and enjoyed conversations with the Berbers (who are indigenous people to North Africa). In 20 years, I will be working in China, or at least in Asia as a psychologist. I want to contribute to CP field through research and practice. More importantly, I hope to inspire more people to join mental health profession.
Nayely Gonzalez

I completed my bachelor's degrees in psychology and English at Ripon College in Ripon, WI. I fell in love with psychology in college, so when it came time to decide on a career path, I wanted to do something within that field that would make an impact on others. I took a few counseling classes and realized this was something I wanted to explore further. After a while, I could see myself becoming a psychologist. The IU CPSY program would allow me to practice therapy in Spanish. I want to be involved with the Latino community and utilize my Spanish-speaking skills to better the Hispanic population, and being a bilingual psychologist is a great way to do so. Also, for a while, I have had an interest in studying human sexuality. Since The Kinsey Institute for Research in Sex, Gender, and Reproduction is located in Bloomington, I seized the opportunity to study at IU. And I would be close to home! My research interests include human sexuality, Latino mental health, and sexual assault prevention, to name a few. In my free time I like to explore new places and go to different coffee shops and read, whether it is for class or for my own personal liking. I am also a foodie, so I like to try out new restaurants. This summer, I spent some time in Chicago with my family. I really like going to Navy Pier on a hot summer day and not having to worry about any of my obligations back home. In 20 years, I see myself as a licensed psychologist with my own practice living somewhere warm in a giant house with my 40 children (and by children, I mean lizards). My favorite food is enchiladas from my mom's kitchen!

Jacqueline (Jackie) Hyman

Prior to Indiana University, I received my M.Ed in Counseling and Sport Psychology from Boston University, my Ed.M. in Higher Education and Student Affairs from University of Vermont and my B.A. in Criminology and Criminal Justice from University of Maryland. Even though my degrees point to a couple different fields of study, one thing that I have always gravitated towards was human behavior. Counseling allows me the opportunity to not only observe human behavior, but facilitate and witness its’ growth and change. I chose to pursue doctoral education in the CPSY program at Indiana University largely due to the people that I met during my interviews. Not only was Jesse awesome (a given), but the students in the program were welcoming, genuine, invested and supportive. My research primarily focuses on the intersection of sport and various social identities (i.e. race, sexual orientation, gender, and socioeconomic status). Within that framework, I focus on individual identity development and its impact on performance, overall athletic experience and athletic retirement. In my “free” time, I like to spend quality time with friends and friends or enjoy the outdoors in some way (apple picking, farmers markets, kayaking, hiking- anything that gets me in the sunshine). My favorite adventure this summer was the overnight move/drive from Boston to Bloomington- 14 hours of energy drinks and loud music can never be wrong. In 20 years I hope to be working with student-athletes in a Division I athletics program and consulting with athletics departments around the country, helping them to create and implement more inclusive practices and policies for students and staff. One of my many favorite foods would have to be shrimp and grits. Some of the best shrimp and grits that I’ve eaten are served at Busboys and Poets in Washington, D.C.- one of the coolest environments and some of the yumiest food!

Quillian Murphy

Born and raised on the eastside of Detroit, Michigan, my early educational experiences were completed through Covenant House Michigan. I received my B.S. in Psychology with a minor in Health and Illness in Society from Ferris State University. After FSU, I completed my M.S. in Clinical Mental Health Counseling from Indiana State University in Terre Haute, Indiana. Today I am privileged to be receiving a doctoral education from Indiana University. The counseling psychology program at Indiana University was the best fit for my educational and career aspirations. The faculty offers a wealth of knowledge and expertise on various topics within the profession. On interview day I was informed that the CPSY program is invested in training their future colleagues. That stuck with me. I appreciate the value placed on the students’ potential, and the ability to work side by side with instructors on their research endeavors. Most importantly, it afforded me the opportunity to grow under the tutelage of Dr. Y. Barry Chung. I have long admired his work in the field. I look forward to developing my identity as a psychologist under the guidance of the program faculty. My research interests are found in the domains of health psychology, child-welfare, death and dying, trauma psychology, and multicultural psychology. In 20 years I plan to take over the world. 😊 No, but I do plan to be heavily involved in research, the development and implementation of
interventions, counseling, holding a faculty position within a university, promoting social justice policy, sitting on a couple of boards, mayor?, city council member?, director of a health center?, university president?. I have a lot of goals. There is a legacy I plan to leave for the next generation of healers. In 20 years, if I have a loving family and a passion for my career, that is all that I need.

One of my favorite foods is pizza. Only because I can put chicken and mac and cheese on it (loophole). 😊 I like going to “hole in the wall” places. So like random stores, markets or gas stations that make great slices. University Market in Detroit, Michigan has the best slices. I do a lot of random things in my Q-time (what I call my free time). Sometimes I binge watch Netflix or movies. My favorite movie and television genres are Suspense/Thriller/Drama/Comedy. Other times I meditate, listen to music, cook, sample teas, dance, or paint. I also enjoy exploring. So I walk around town often checking out the low-key shops and restaurants. This summer I went home to Detroit. I had the opportunity to fall in love with Michigan all over again. There are some really beautiful places to visit. My favorite trip thus far has been traveling to Toronto, Ontario! I love it there. About as much as I love Bloomington!

Keiko McCullough

I completed my BA in Psychology at the University of Akron. I chose Counseling Psychology because of its emphasis on multicultural/diversity issues, social justice, and strength-based approaches to counseling. I looked into IU’s program because I had always admired Dr. Wong’s work and felt we would be a good fit based on research interests (men of color and masculinities, Asian American mental health, and feminist issues). On interview day, I could tell the students here were bright, the faculty were open and caring, and the program struck a balance between research, practice, and advocacy. For these reasons, IU’s program was definitely the best fit for me and I’m grateful I was invited to study here. In my free time, I like to sing, play videogames, explore nature, read (and occasionally write) fiction, and watch all things Joss Whedon (a personal goal of mine is to publish to the Journal of Whedon Studies). This summer, I visited Scottsdale (AZ), Toronto, San Francisco, Los Angeles, and Denver to see family and friends. I’m thankful I could afford to go so many wonderful places and simply cannot choose a favorite trip! My favorite vacation ever was my 2nd trip to Japan. I went with my mom, sister, and her husband, and we explored (a lot) of Japan and spent time getting to know my family there. In 20 years, I see myself as a professor at a research intensive university. My favorite food is my mom’s cooking…and the best place to eat it is at her house (though she is flexible and will cook other places).

Patrick McFadden

I came to Indiana University after completing Master’s in Counseling-Student Affairs at Northern Arizona University and Special Education at Morningside College. After taking Intro to Psychology in 2000, I didn’t take another psychology course until 2014. In the meantime, I worked as a sports journalist, classroom teacher, and high school volleyball coach. After teaching and coaching for several years, I realized I wanted to reach students and athletes on a different level. After working with student-athletes at Northern Arizona University, often regarding issues regarding identity development, I realized that sport psychology was the perfect way to reach athletes on that higher level. Dr. Jesse Steinfeldt’s research drew me to IU. After interviewing in February, I knew that I wanted Bloomington to be my next stop. The current doctoral students, diverse research interests, and awesome community had me hooked. My initial research interests are identity development for student-athletes, LGBTQ+ issues in college athletics, and performance-enhancing drug use. Over the summer, I was a Title VIII Fellow with the U.S. State Department here at IU. As a fellow, I studied the Bosnian/Croatian/Serbian languages. I hope to continue studying these languages during my time at IU and conduct research or work with athletes in the former Yugoslavian nations. When I’m away from campus and not working on schoolwork, I’m happiest when I’m running, talking about running, or reading about running. At the moment, I am training for a 100-mile race in Zion National Park in April ‘17. Something really peculiar about me is that I prefer to stand up when eating meals. Also, at least half of my meals come in smoothie form. That should help when completing that race. In 20 years, I hope to be a faculty member at a university in the western part of the U.S. Ideally this position would
be a balance between teaching, research, and working with student-athletes, but I'd be thrilled with any position that allows me to do at least two of those.

**DEJON (DJ) PURNELL**

I started my college career at St. Francis University (a small school in Joliet, Illinois) then transferred to The Ohio State University, where I earned a bachelors of arts degree in psychology. I then attended SIU in Carbondale where I studied for a master's degree in Kinesiology with an emphasis in Sport Studies. One of my career objectives is to become a licensed sport psychologist in order to assist athletes with athletic performance and personal development. Athletes have many resources to address their physical needs, but not as many to address their psychological needs. Thus, I chose counseling psychology to expand my professional competency to include psychological services for a holistic approach to well-being and sport performance. I chose the IU CPSY program specifically, for the opportunity to work with Dr. Jesse Steinfeldt or as some of us call it, being apart of #TeamSteinfeldt. Being apart of #TeamSteinfeldt aligns well with my academic and career goals, as it provides the opportunity to gain clinical experience working with athletes and coaches, as well as participate in research that will help provide solutions to prevailing issues in sport. Three broad topics of research interest for me are Sport Psychology, Coaching, and Race and Gender in Sport. In my free time I enjoy reading and writing poetry, playing sports – especially basketball, “You only live once” or YOLO moments, and being in the present moment with family and friends, you know, without the internet. I also enjoy cooking — some even refer to me as “Chef Boyar Deej.” This past summer, I went to a Drake concert, kind of spur of the moment, and it turned out to be one of the most memorable concert experiences ever. It was a YOLO moment in full effect — all puns intended. In 20 years, I see myself having made a significant positive impact on the world. I’m not sure in what capacity yet. Perhaps as a professor. Perhaps as a practitioner. Perhaps as both and more...But if I had to choose today, in 20 years I hope to have accomplished two goals. (1) Helped change the coaching culture, particularly in youth sport, from a win-at-all costs culture that often takes away much of the fun and learning for athletes, to a more mastery-and-development culture that emphasizes fun and learning – This way, more children can enjoy the full benefits of sport participation. (2) Helped change the education system, particularly for students in the grades K-12, so that quality education is accessible to all children – This way, those who have historically been disenfranchised and who are still institutionally marginalized have a fighting chance at freedom. As a Chicago native, my favorite food is pizza, and the best pizza I've ever had is from a restaurant in Chicago called Giordano’s Pizza. The best pizza in Bloomington may actually be from Lucky’s Supermarket.

**Natalie Stevenson**

I completed my undergraduate degree at the University of Michigan where I received my B.A in Psychology with a minor in Gender and Health. I chose to go into counseling psychology because I have always wanted to pursue a mental health career. I was drawn to this field because of the positive impact that it can have on others and also the fulfillment that I hope it will bring to myself. I chose IU because I loved the town and --more importantly-- the people that I met when I visited! My research interests lie primarily in substance use, specifically in regards to factors that affect treatment outcomes such as aspects of personality and interpersonal relationships. My goal is for my research to identify methods that will increase retention and success rates for those seeking assistance with substance use disorders. I am very “crafty,” so I like to paint and restore old furniture in my spare time. I always have some sort of project (or five...) that I am working on. I have been skiing since I was three years old so I love spending time on the slopes (when possible). I also spent the summers growing up on Lake Huron, so I love wake boarding and knee boarding in my spare time. This summer I was working at the University of Michigan Addiction Research Center, so I was pretty busy, but I did get to take some time off and enjoy a cruise to the Bahamas! I am also a huge country music fan and went to a Dixie Chicks concert. Twenty years from now I see myself licensed and working either in an outpatient substance use treatment program or in private practice. My favorite food is macaroni and cheese, though it's hard to say the best place to get it. If it's on the menu, I'll be eating it :)}
Thanksgiving Hotpot

A common theme connecting our cohorts throughout the year has been sharing food. As such, the Thanksgiving holiday break presented a prime opportunity for our international students to gather for a hotpot gathering. As Kuo Deng put it, “We had a cozy group, all international students (with the exception of Shao).” Below are some photographs from the event with a photo credit to Lei Wang for the superb *selfie*.

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LETTER FROM THE EDITORS

The year has been filled with a number of highs and lows. The high points most notably included welcoming Dr. Wilkins-Yel along with an absolutely, incredible cohort of first year students, and hosting BWWES 2016 (and Patrick may say finishing a marathon!). We also have to give recognition to the strong leadership that Nelson and Elyssa have provided so far as Co-Presidents of CPSO. They have both worked tirelessly to provide the students with a voice, genuine support, and effective initiatives. However, there have also been significant stressors this year associated with the election, and social and environmental issues (e.g. Black Lives Matter and the Dakota Access Pipeline). Personally, as we believe many of you have, we have found it difficult to balance our own feelings and thoughts about the state of the nation. There is a part of us that seeks to find gratitude in the midst of things (a genuine thanks, Joel), but are also not willing to let this placate the sorrow, fear, and anger that we, along with so many others, feel. We have found ourselves reflecting on the potential of our profession in these times, and in doing so, acknowledge that we are privileged to work in a field that values social justice, diversity, and work that inspires positive change. We hope that recent events have inspired reflection in your life (as they have in ours), and that it encourages a renewal in the energies to support those who are marginalized. In ending and in utmost sincerity, we hope the new year brings about appropriate challenges for us, individually and as a field, to grow stronger so that we can continue to pave the way for a better future.

In solidarity,

Danny and Patrick
THE COUNSELING PSYCHOLOGY STUDENT ORGANIZATION 2016 – 2017

Co-Presidents:
Elyssa Klann and Nelson Zounlome

Members at Large:
Jessica David and Keino Miller

Treasurer:
Shakira Smith

Diversity Committee:
Yue Li (Chair), Jackie Hyman, and Quillian Murphy

Professional Development Committee:
Lei Wang (Chair) and Patricia Gonzalez

Newsletter Editor and Public Relations:
Danny Goldberg and Patrick McFadden

Social Committee:
Julia Cawthra (Chair), Nancy Goodrich Mitts, Yue Li, and Quillian Murphy

Social Justice Committee:
Matt Powless (Chair), Keiko McCullough, and Natalie Stevenson

International Student Committee:
Kuo Deng (Chair) and Jacks Cheng

Acting Members:
Nayely Gonzalez and DJ Purnell

Pictured left: Members at the year’s first CPSO meeting clockwise from the far left: Matt Powless, DJ Purnell, Nelson Zounlome, Patrick McFadden, Brooke Boyts, Danny Goldberg, Julia Cawthra, Quillian Murphy, Jackie Hyman, Keiko McCullough, Kuo Deng, Shakira Smith, Elyssa Klann, Patty Gonzalez, Lei Wang, Nayely Gonzalez, Yue Li, and Natalie Stevenson.